



# Friday Folder Notes, February 8, 2018

Look for these Friday Notes on the school web site and in your email as well. -- [www.aquinas-catholic.com](http://www.aquinas-catholic.com)

## Heading into Lent

Teachers have preparations under way to make Lent a prayerful time of reflection for our students. They will pray Stations of the Cross together as a school in the church each Friday afternoon. Kindergarteners will even lead one week. They will all be discussing what to give up as a sacrifice or what positive activity or behavior they could add during this time. Some of the positive options could include:



### Prayer:

- Praying a decade of the rosary each day. (Fr. Kelleher will be here on 2/13 to talk about this, too.)

### Almsgiving:

- Using a Lent calendar with a kind or service-oriented activity each day.
- Sign up for weekly Lenten ideas (see the Tech Area below).

### Fasting:

- Children can "fast" by giving up a snack each day. (They are excused from general fasting.)
- Giving up salty or sweet or other treats they enjoy.

Anything we do to practice these 3 tenets of Lent help to bring us closer to our Lord as we prepare for his ultimate sacrifice at Easter. Even if they miss a day or forget, just keep going. All efforts are beneficial to our spiritual growth. I am praying for all of our St. Mary's families during this Lent, that you find just a little extra peace and prayer in your homes over the next few weeks. Please pray for me.

*God Bless!* – Mrs. Zook

## Upcoming Events:

**Feb. 11: Traveling Choir** Holy Spirit in Brainard 9:00 AM (8:30 AM) – *All are welcome and invited!*

**Feb. 13: Eucharistic Family Rosary Crusade**, students are asked to wear the *Miraculous Medal from Bishop*. ~ (A note from the diocese) In light of Bishop Conley's pastoral letter, *Love Made Visible* and the 100<sup>th</sup> anniversary of the apparitions of Our Lady of Fatima, an executive team of lay people has been formed to begin a diocesan wide initiative to promote Eucharistic adoration and praying the family Rosary. Enclosed with this Pastoral Bulletin is an insert with an outline of the plans for this initiative, with plans to conclude with a large stadium event in the spring of 2019. The executive team will be assisted by Father Jim Kelleher, SOLT, the founder and director of the Eucharistic Family Rosary Crusade, and who has successfully coordinated Rosary crusades in other dioceses. This initiative is being supported by private funding and not by the diocese. Pastors and school administrators are asked to support this initiative and more information will be provided in due time.

**Feb. 13: Classroom Valentines Parties/Fat Tuesday**

**Feb. 14: Ash Wednesday/Lent Begins**

**Feb. 16-Mar. 23: Fri.'s in Lent**, St. Mary's Parish-Stations of the Cross, 5:30, pasta dinner in gym after.

**Feb. 24: Father/Daughter Dance, 6:00 PM** (see next page)  
- **Traveling Choir in Marietta**, 6 PM (5:30 PM), *Boys needed* ☺

**Feb. 27: BBQ, Burgers, and More Night**. fundraiser for St. Marv's

## Virtue for February

**Responsibility:** being reliable in your duties and accountable for your actions.

*Prayers ...*

*...for Mrs. Naiberk and her family for the loss of her mother.*

## Safety and Tech Notes:

Some fun, FREE, online Lent ideas:

- **Catholic Relief Services:** needs around the world, recipes, daily ideas. [www.crsricebowl.org](http://www.crsricebowl.org)
- **Holy Heroes:** Daily lessons, videos, audio, an explanation of the Mass this year. <https://www.holyheroes.com/Holy-Heroes-Lenten-Adventure-s/37.htm>
- **Pray it Forward:** Sign up to pray for someone and have them pray for you, anonymous. <https://spiritcatholicradio.com/prayitforward/>
- **Fish Fry Finder:** <https://spiritcatholicradio.com/fish/>



## Coin War Results:

Total **\$1033.35**

1<sup>st</sup> Place: 3<sup>rd</sup> Grade

2<sup>nd</sup> Place: 5<sup>th</sup> Grade (close behind!)

3<sup>rd</sup> Place: Preschool/PreK (also close behind!)

All proceeds will go to the Religious Retirement funds with the Diocese. **Thank you!!!**

*From the Spiritual Director of St. Mary's Spirit Club*

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Friendly Defenders Catholic Flashcard -- Topic: **Tradition, Bible or Both?**

Challenging Chip says: **Everything God wants us to know is in the Bible alone.**

Solid Sally replies: **The Bible doesn't say that. The Bible does say that God's Word comes to us through written and unwritten Tradition. "Stand firm and hold fast to the traditions that you were taught, either by an oral statement or by a letter of ours." (2 Thessalonians 2:15) "Tradition" means to "pass on." The faith of the early Christians was passed on orally before it was written.**

Other References: John 21:25, 2 Pet. 3:15-16, 1 Cor. 11:2, 2 Thess. 3:6

*Mightier than the waves is His love.*

**St. Mary's Spirit Club**

**Father & Daughter  
Dance**

**Saturday, February 24th**  
**6:00-7:30 pm**

**St. Mary's Gym**  
**snacks, photo booth & activitiy booth**

**\$10 per family**  
**Please RSVP to Joanie Brecka**  
**text: 402-367-8331**

## HOME PROJECTS FOR JANUARY-Due Feb. 2

PRUDENCE—making good decisions in specific circumstances

### Grades Pre-K-2—Blessed Junipero Serra

1. Practice pausing to THINK before doing things this month. Is this action or word right and good to do? Is it the best thing to do?
2. Practice using I-messages at home ("I felt \_\_\_\_ when you \_\_\_\_, please \_\_\_\_").
3. Practice thinking out loud about decisions: What are your options? What is good about each option? What is bad about each option? What will happen if you choose this one or that one?
4. Choose a person you think is wise (parent, grandparent, older sibling, neighbor, teacher) and practice going to them once each week for advice on a tough decision.

### Grades 3-5—Saint John Neumann

1. Discuss the short and long term effects of decisions. Practice thinking through long term effects when you are faced with decisions this month.
2. Discuss "ripple effect" or how your decisions affect other people's decisions and then their decisions affect still other people. Practice thinking through "ripple effects" when you are faced with decisions this month.
3. Think of a time when you made a decision too quickly and the result was negative. Write down what you should have done using the P-R-U-D-E-N-T method and how might things have turned out differently. Try using the prudent method in a similar situation.
4. Pause to pray to the Holy Spirit before making decisions. Throughout the month, discuss whether this habit of prayer helps you.
5. Discuss the P-R-U-D-E-N-T way of addressing a problem with a peer (see below). Practice using it this month and share the results.

### Grades 6-8—Saint John XXIII

1. What are your priorities in life? With a friend, write a list of your priorities in order of importance. Is there ever a situation where the order of importance changes? Think of situations where you would have to choose between two of your priorities. What would you do?
2. With a friend, discuss a big decision made recently by an authority figure (family, school, or government). How did the decision affect you and did you agree with it? Try to imagine the point of view of the person in authority and how he or she might have arrived at the decision.
3. Discuss the P-R-U-D-E-N-T way of addressing a problem with a peer (see below). Practice using it this month and share the results.

#### PRUDENT: *speaking privately to solve a problem*

<u>P</u> lan ahead what to say.	<i>Sample:</i> P: Mentally go through all the steps
<u>R</u> equest a private moment.	R: You see the person alone in the hall; ask to talk.
<u>U</u> tter a prayer.	U: As you lead them aside, pray, "Help me, Jesus!"
<u>D</u> escribe the deed. (Maintain eye contact.)	D: "When you poured out my beaker in lab today...
<u>E</u> ffect on me	E: ...it really embarrassed me."
<u>N</u> othing. Wait for a response.	N: (Pause until the other person says something.)
<u>T</u> erms	T: "Please don't touch my things again or I'll have to report it to the teacher."